# grain\&grill 

BAR \& RESTAURANT

## APPETISERS

Soup of the day $€ 7.30$<br>Homemade soup with Murphy's stout \& treacle soda bread<br>(Contains Allergens 6 (Wheat, Barley), 7, 9, 12)

Prawn pil pil
$€ 12.50$
Prawns shallow fried in garlic butter with red chillies \& coriander served with toasted ciabatta (Contains Allergens 1 (Prawns), 6 (Wheat), $7,11,14$ )

## Buffalo chicken wings

$€ 10.50$
Hot Louisiana or BBQ Sauce or Korean sauce with Blue cheese dip \& celery sticks (Contains Allergens 6 (Wheat), 7, 8, 12)

## Crispy coated brie cubes

Cranberry chutney dressed baby leaf salad
(Contains Allergens 6 (Wheat), 7, 8, 11, 13)

West Cork seafood chowder €11.00
Local seafood served with Murphy's stout \& treacle soda bread
(Contains Allergens 1 (Prawns), 3 (Salmon, Cod), 6 (Wheat), 7,12)

## Panko crumbed calamari

$€ 10.50$
Served with a fiery relish \& a petit salad
(Contains Allergens 6 (Wheat), 7, 9 13,)

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## MAINS

## 6 hr braised feather blade of beef

€23.50
6 hr slow roasted beef served with horseradish mash, buttered tender stem broccoli, sweet potato puree \& a rosemary jus
(Contains Allergens 7,9,12,14)

## Pan-fried Ballycotton hake

$€ 23.50$
Chorizo, red pepper butter, sautéed baby spinach \& crushed roast potato (Contains Allergens 3 (Hake), 7,8)

## Reel fish \& chips

$€ 20.90$
Handsum Beer Battered fish of the day with mushy peas, tartare sauce, lemon confit \& homemade chips
(Contains Allergens 3 (Haddock), 6 (Wheat), 7,8,9, 11)
Thai red vegetable curry $€ 17.90$
Red onions, peppers, courgette served in a red curry sauce served with Basmati rice \& a poppadom
(Contains Allergens 7,8,12,14
Add Chicken
Add €2.00
Add Prawns (Allergens 1,2) Add €4.00
Warm chicken \& bacon salad
$€ 16.20$
Served on a bed of mixed leaves with roasted baby potatoes, parmesan cheese \& a Balsamic reduction
(Contains Allergens 9,12,14)

## SIGNATURE BURGERS

## Certified Irish angus steak burger

$€ 20.90$
Brioche bap, lettuce, tomato, relish, mayo, cheddar cheese \& homemade chips
(Contains Allergens 6 (Wheat), $7,8,11,13$ )

## Korean fried chicken burger

With lettuce, kimchi coleslaw, miso mayo in a soft bap \& skinny fries
(Contains Allergens 6 (Wheat), $7,8,11$ )

## Vegan beetroot burger

Beetroot pattie, avocado, lettuce, tomato, pickle, vegan cheddar in a soft bun served with Ballymaloe \& sweet potato fries
(Contains Allergens 6 (Wheat_, $7,8,11$ )

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## ITALIAN STONE PIZZA

Margherita<br>$€ 14.60$<br>Tomato sauce, mozzarella, basil, \& parmesan<br>(Contains Allergens 6 (Wheat) ,7)<br>\section*{Buffalo chicken}<br>$€ 16.70$<br>Spicy chicken, roast peppers, red onion, tomato sauce, mozzarella<br>(Contains Allergens 6 (Wheat),7)

## Diavola

$€ 16.70$
Spicy pepperoni, tomato sauce, mozzarella \& fresh chilli (Contains Allergens 6 (Wheat) ,7)

## SIDE DISHES

## Homemade chips

€4.20
(Contains Allergens, 8,9)

Deep fried garlic baby potatoes
€4.20
(Contains Allergens 7)
Beer battered onion rings ..... $€ 4.00$
(Contains Allergens 6 (Wheat), 7, 11,)

## Fresh garden salad

€4.20
(Contains Allergens 11, 13)

## Spanish fries - sharing portion <br> $€ 8.40$

Served with cajun spice, olives, jalapenos \& grated mozzarella (Contains Allergens 7, 9 ,12)

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## SOMETHING SWEET

Warm apple \& berry crumble ..... $€ 6.95$Served with anglaise sauce \& vanilla beanice-cream(Contains Allergens 6 (Wheat), 7,11)
Belgian chocolate caramel fondant ..... €6.95With a rich chocolate sauce \& vanilla ice cream(Contains Allergens 6 (Wheat), 7,8,11, may contain nuts)
Homemade cheesecake of the day ..... $€ 6.95$
Please ask your server
(Contains Allergens 6 (Wheat), 7,11, may contain nuts)
Salted caramel \& chocolate profiteroles ..... €6.95
With a butterscotch sauce
(Contains Allergens 6 (Wheat), 7,8,11, may contain nuts)
Eton mess ..... €6.95
Served with meringue, seasonal berries \& cream
(Contains Allergens 7,11)
Selection of Paganini ice-cream€6.95
Served with fruit coulis \& a wafer basket
(Contains Allergens 6 (Wheat) ,7, 8, 11, may contain $n, 7,8,11$, may containnuts)uts)
Speciality CoffeesAll of our speciality coffees are made with ourown Red Bean Roastery coffees and topped withfresh cream
Irish Coffee ..... $€ 8.50$
Jameson Irish Whiskey
(Contains Allergens 7)
Baileys Coffee$€ 8.50$Baileys Irish Cream Liqueur
(Contains Allergens 7)
Calypso Coffee ..... $€ 8.50$Tia Maria(Contains Allergens 7)
French Coffee ..... $€ 8.50$
Hennessy Cognac(Contains Allergens 7)

